

Home Situation Snapshot

Record one real situation so another person can understand it clearly.
Describe what you saw and heard. Do not guess why it happened.

DATE SHARED

PERSON / ROLE

FOLLOW-UP

1. NAME THE SITUATION

CHECK THE CLOSEST FIT

☐ Outing or public place

☐ Morning / getting ready

☐ Meal or food routine

☐ Bedtime or sleep

☐ Communication breakdown

☐ Appointment or transition

☐ Another home situation

DATE

START TIME

ABOUT HOW LONG?

WHERE IT HAPPENED

WHO WAS THERE

2. WHAT HAPPENED

WHAT WAS HAPPENING JUST BEFORE?

THE EXACT MOMENT THINGS CHANGED

WHAT I SAW OR HEARD - WORDS, ACTIONS, SOUNDS, INJURY, OR DAMAGE

WHAT I TRIED

HOW IT ENDED

3. WHAT IT COST THE FAMILY

CHECK ANY THAT FIT

☐ We had to leave or cancel

☐ Work, school, or an appointment was missed

☐ A sibling or another family member was affected

☐ Sleep or the next day was affected

☐ Someone was hurt or safety was uncertain

☐ Property was damaged

☐ The routine could not be finished

THE FAMILY COST IN ONE LINE

4. TAKE THIS TO THE TEAM

ONE-SENTENCE SUMMARY

MY EXACT QUESTION